

Ensuring Safe Patient Access to Medical Marijuana Products in Massachusetts



Marc A. Nascarella, PhD
Massachusetts Department of Public Health

DRAFT FOR POLICY DISCUSSION
ONLY



Marijuana Products

- Variety of products
- Different intended uses
- Varying cannabinoid content



Edible MIPs



Dried Flower



Concentrates



Non-edible MIPs



Primer: Commercial Marijuana Production

Cultivation



Harvest



Processing



Packaging



Retail



Potential for pesticide use and heavy metal accumulation

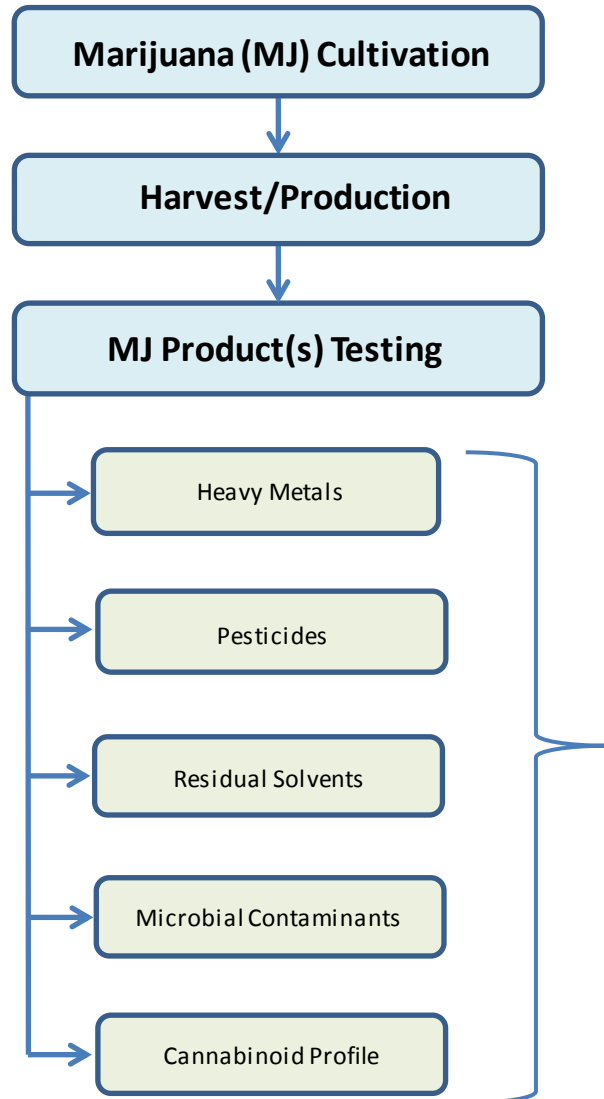
Potential introduction of microbiological contamination

Potential residual solvents from manufacturing of cannabis extracts

Potential microbial contamination from poor sanitary procedures



DPH Medical Marijuana Product Testing



Title: Protocol for Sampling and Analysis of Finished Medical Marijuana Products and Marijuana-Infused Products for Massachusetts Registered Medical Marijuana Dispensaries

The Protocol contains the following sections:

- 1.0 Purpose and Applicability
- 2.0 Definitions and Acronyms
- 3.0 Applicable Regulations
- 4.0 Sampling and Analysis Requirements
- 5.0 Sampling Program Design
- 6.0 Sample Collection Procedures
- 7.0 Sample Analysis
- 8.0 Data Evaluation
- 9.0 References

1.0 Purpose and Applicability

1.1 Purpose

The purpose of this Protocol is to provide Massachusetts Registered Marijuana Dispensaries (RMDs) with required and recommended best practices for the collection and analysis of plant material and other finished medical marijuana products and marijuana-infused products (MIPs) to comply with Massachusetts regulation 105 CMR 725.000, Implementation of an Act for the Humanitarian Medical Use of Marijuana.

This protocol is subject to revision based on evolving best practices, updated scientific information or standards/guidelines, or other information relevant to the contents of the protocol.

<https://www.mass.gov/service-details/medical-use-of-marijuana-program-product-testing>

Overview

- Labs must be accredited to ISO 17025 by a third party accrediting body;
- Grow media (soil, water) and samples of all retail products (flower, oil, edibles) are tested
- Testing results evaluated according to food and drug industry standards described in DPH protocols
- Testing is required to ensure patient safety and to meet product labeling requirements

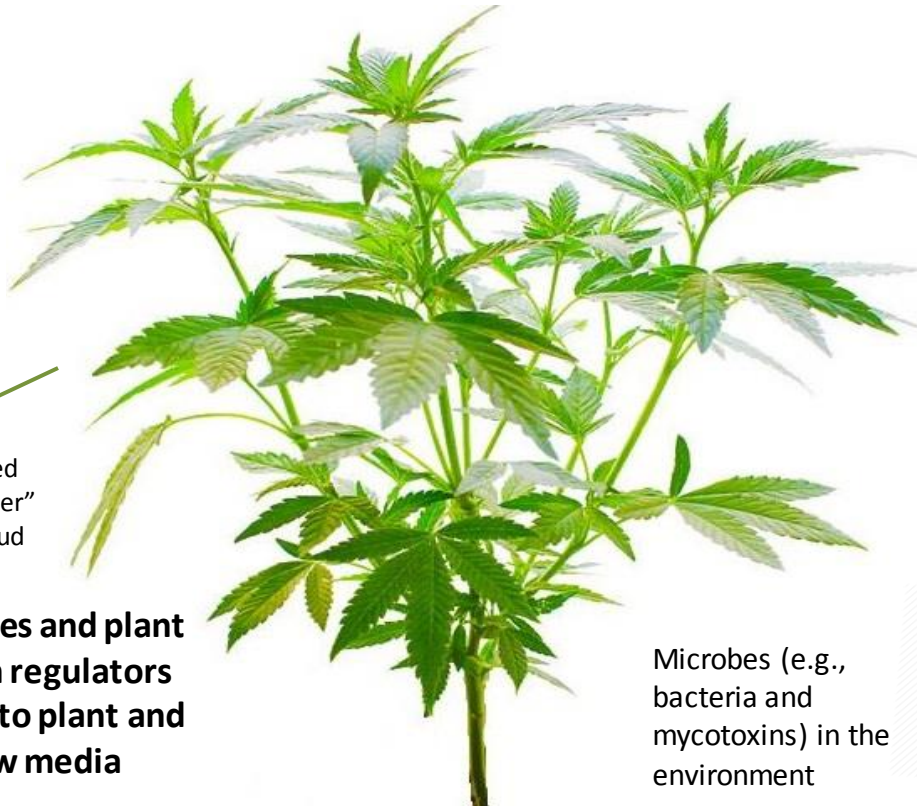


Plant parts (e.g., stem, leaf, flower) may accumulate different levels of contaminants



Dried
"Flower"
Or bud

Pesticides and plant growth regulators applied to plant and grow media



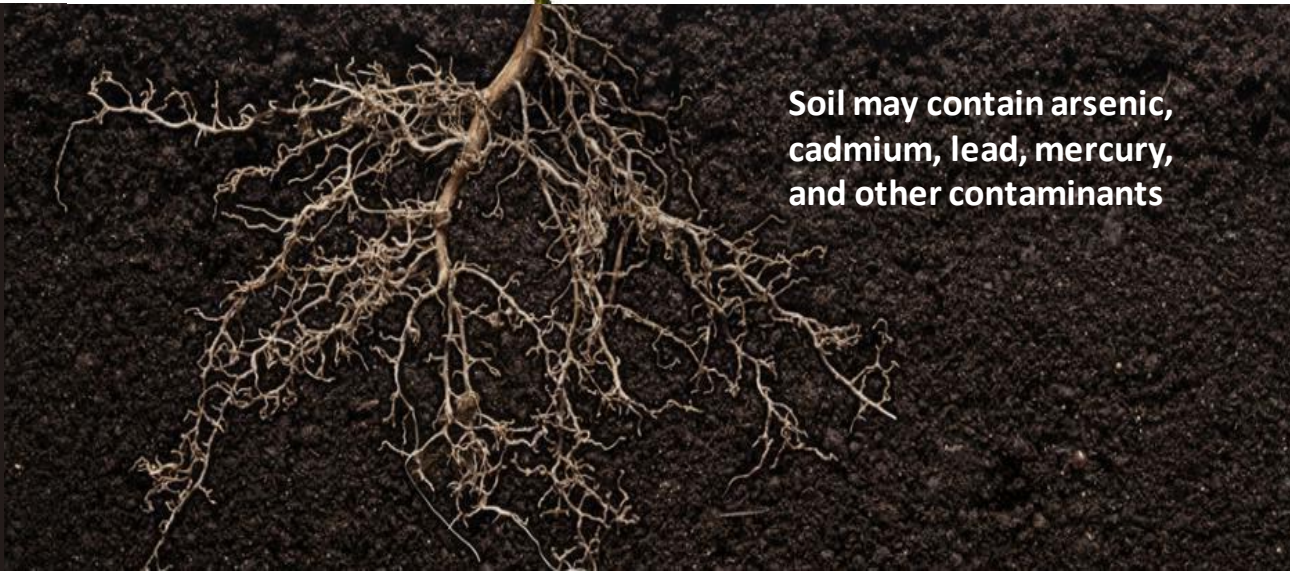
Microbes (e.g., bacteria and mycotoxins) in the environment



Water and amendments applied to plant or plant grown hydroponically in water

Grow media (e.g., soil and water) subject to contaminant testing (e.g., metals, pesticides, bacteriological contaminants)

Plant may take up contaminants present in environmental media



Soil may contain arsenic, cadmium, lead, mercury, and other contaminants



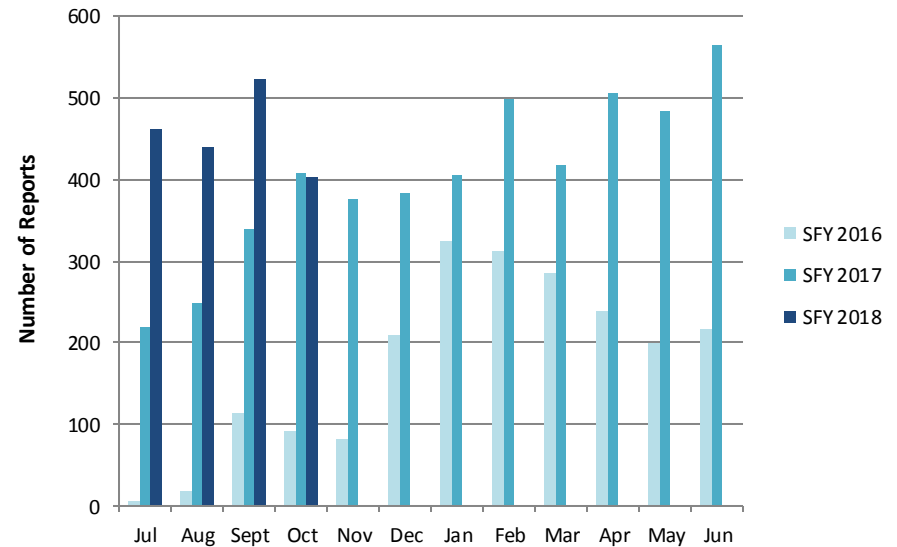
Medical Marijuana Product Safety and Quality Surveillance



Testing Results to Date

Parameter	Samples Tested n
Heavy Metals	3,347
Pesticides	2,234
Residual Solvents	1,030
Microbes	5,440
Cannabinoid Profile	5,606

Monthly Laboratory Reports



Product Characteristics

Product Type	Samples (%)	Reports (%)
Flower	47	51
Concentrate	31	29
MIP	22	20

Comparison of Maximum Concentrations of Heavy Metals in Food⁴ and Medical Marijuana Product



HEAVY METAL	MDPH Limit for Marijuana (µg/kg)	Leafy Greens ² (µg/kg)	Root Crops ³ (µg/kg)	Marijuana Flower ¹ (µg/kg)	Marijuana Concentrate ¹ (µg/kg)
Arsenic	200	43	43	2,485	491
Cadmium	200	1,088	112	820	156
Lead	500	136	64	48,200	11,400
Mercury	100	18	--	87	110

¹Products tested through October 2017

²Leafy greens include: spinach, collards, iceberg lettuce, cabbage, leaf lettuce

³Root crops include: potato, carrot, beets, turnip, sweet potato

⁴U.S. Food and Drug Administration Total Diet Study, survey years 1991 - 2011



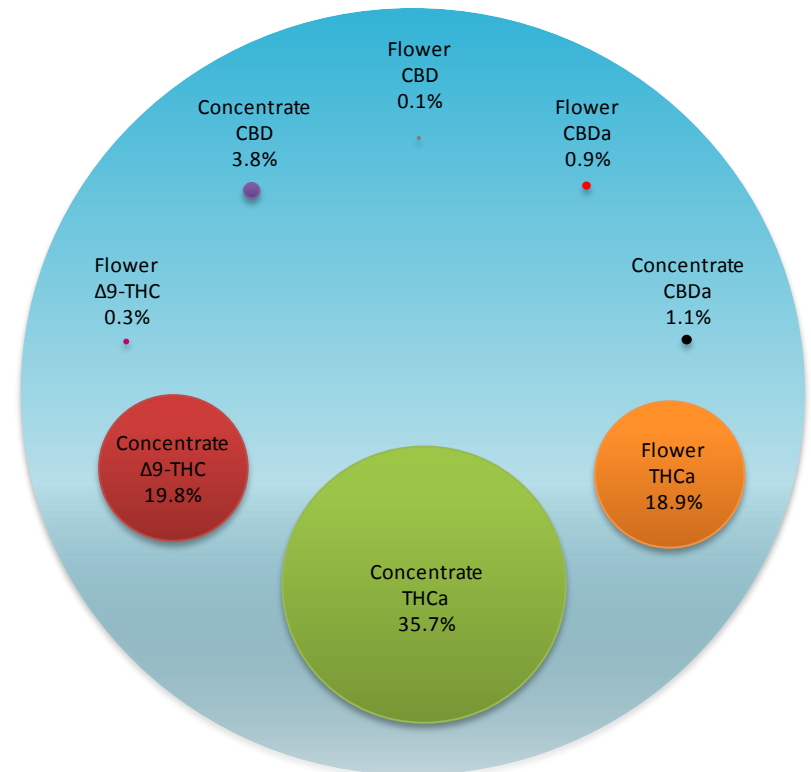
Cannabinoid Concentration and Profile

Cannabis contains approximately 421 different chemical compounds - including 60+ cannabinoids.

- Each is potent at a different amount or combination (i.e., based on the profile of the product).
- Heating or ingestion changes the cannabinoid profile and leads to different effects.
- Each cannabinoid is associated with a different effect (relaxation, anti-nausea, pain relief, etc.).

- THCa detected in 99.8% of flower samples
- Δ^9 -THC detected in 98.8% of concentrates
- CBD detected in 82.7% of concentrates

- **In general, marijuana flower products are 19% THC (range: 0.03 – 34.69%)**





Cannabinoid Concentration vs. Dose/Serving



100 grams of flower
(25% THC by dry weight)



Processed into 19
grams of concentrate
(80% THC by weight)



1 gram concentrate
incorporated into
chocolate to make 80
individual candies

1 gram of concentrate
= 800 mg THC

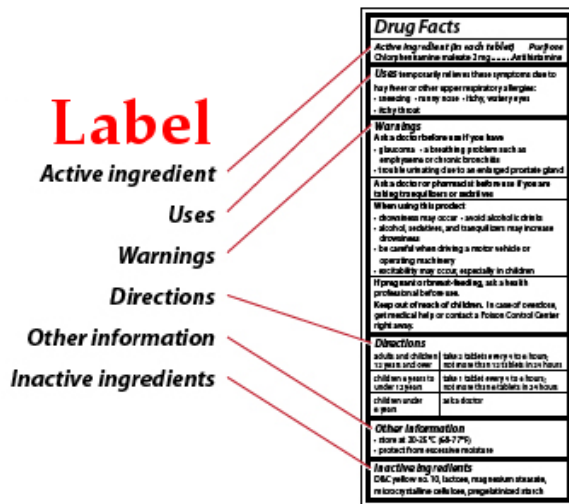


10 mg THC per
chocolate
(one serving)

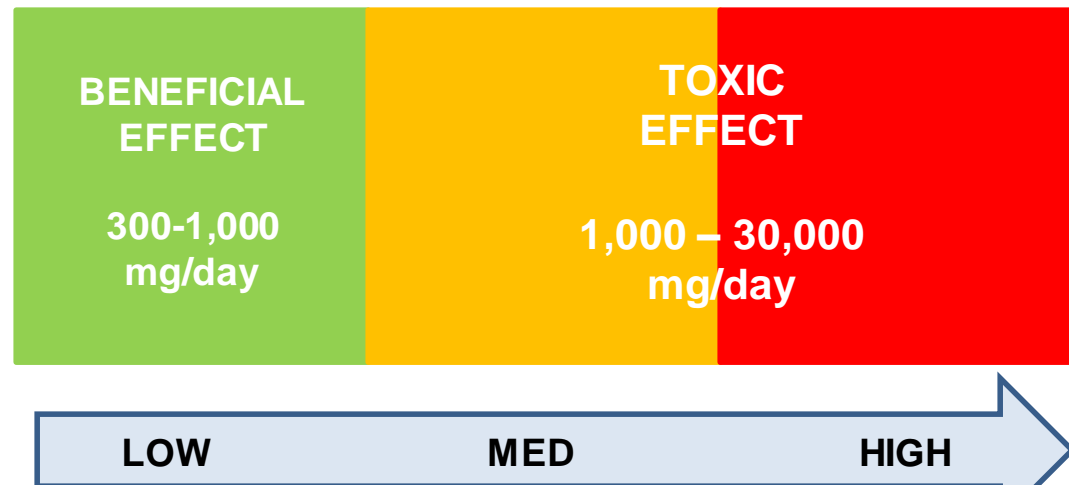


Potency is not Dose

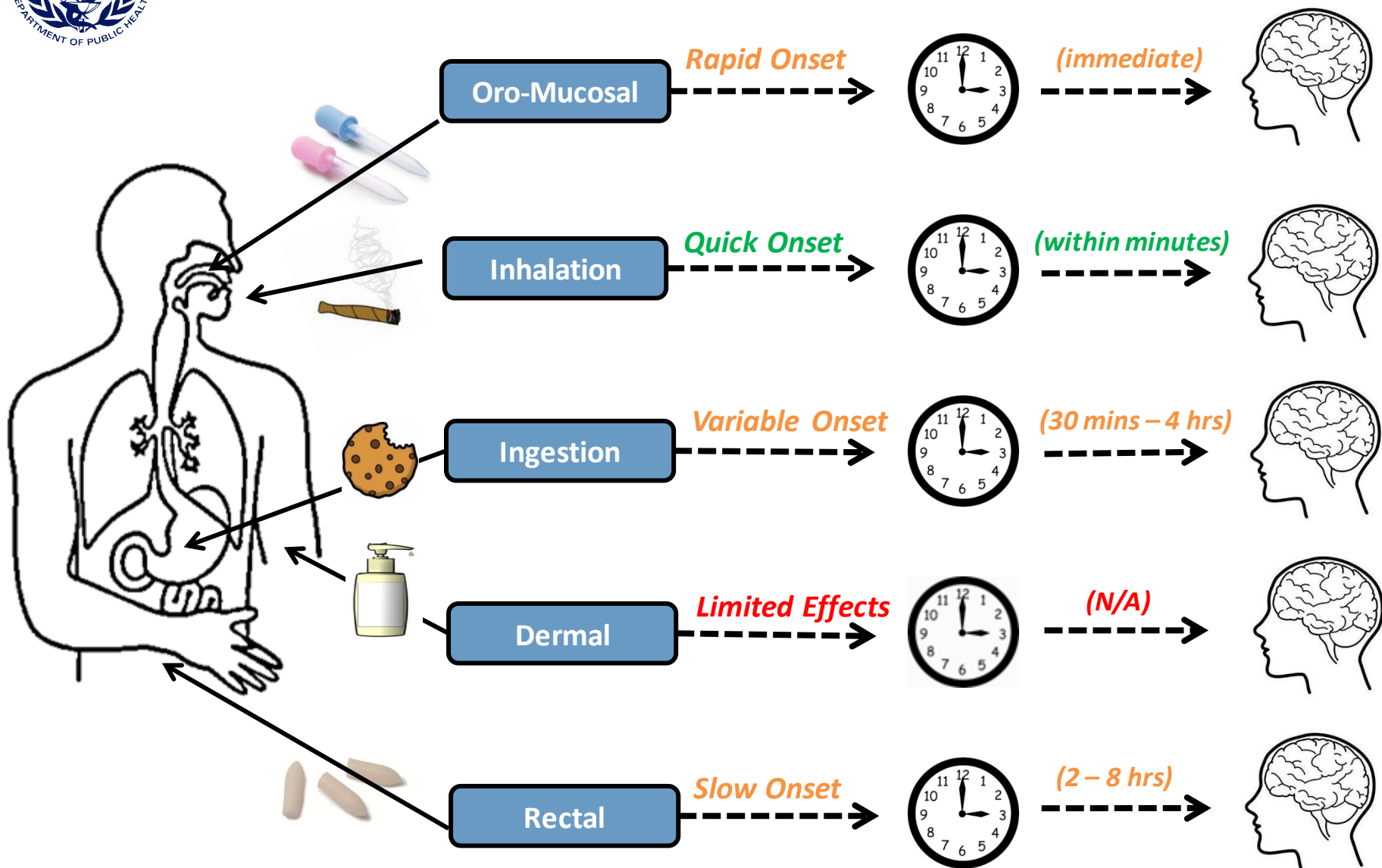
- In pharmacology and medicine
 - Potency:** Amount of chemical to produce an *effect of a given intensity*.
 - Dose:** A *quantity* of a chemical administered (either per dose/serving or per day).



Dose determines if a chemical will have a beneficial or harmful effect.



Patterns of Cannabinoid use



NOTE: Onset times are shown for relative comparison. They are approximate and highly variable between individuals.



Inhaling versus Ingesting

• Smoking/Inhalation

- Travels rapidly to brain - effects within minutes
- Rapidly dissipate - 30 to 60 min
- User able to adjust "titrate" dose
- highly variable between individuals based on technique

• Eating/Ingestion

- Metabolized by liver to active form of THC
- Effects noticeable 30 minutes - 2 hours and last several hours
- Difficult to titrate dose due to delayed onset

**Eating 10 mg of THC
is NOT the same as
smoking 10 mg of
THC.**



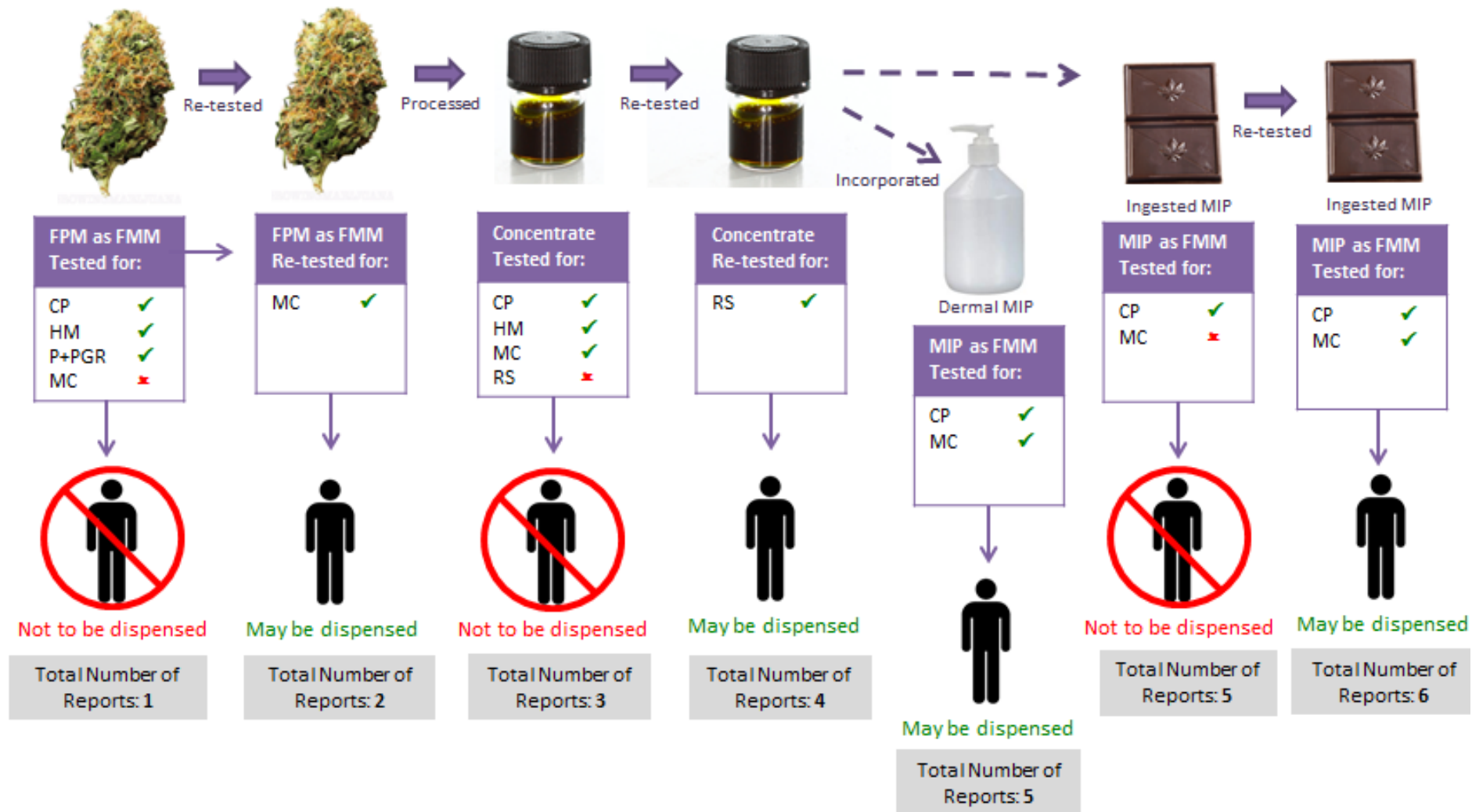
**10 mg
THC**



**10 mg
THC**

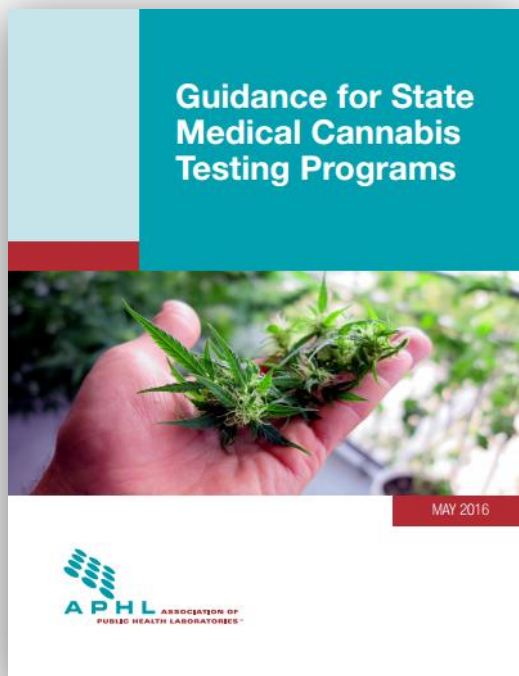
(0.1 grams marijuana
at 10% THC)

Primer: Commercial Marijuana Product Testing





National Leadership to Ensure Product Safety and Quality



Title: Protocol for Sampling and Analysis of Finished Medical Marijuana Products and Marijuana-Infused Products for Massachusetts Registered Medical Marijuana Dispensaries

The Protocol contains the following sections:

- 1.0 Purpose and Applicability
- 2.0 Definitions and Acronyms
- 3.0 Applicable Regulations
- 4.0 Sampling and Analysis
- 5.0 Sampling Program Design
- 6.0 Sample Collection Procedures
- 7.0 Sample Analysis
- 8.0 Data Evaluation
- 9.0 References

1.0 Purpose and Applicability

1.1 Purpose

The purpose of this Protocol is to provide Massachusetts Registered Medical Marijuana Dispensaries (RMDs) with required and recommended best practices for the safe preparation and handling of finished medical marijuana (MMJ) products and marijuana-infused products (MIPs) to avoid common foodborne illness caused by pathogenic bacteria and fungus, chemicals, or potential allergens. This Protocol supports compliance with Massachusetts regulation 805 CMR 125.000, implementation of an Act for the Humanitarian Medical Use of Marijuana, and in particular with the provisions listed in Section 3.

This protocol is subject to revision based on evolving best practices, updated scientific information or standards/guidelines, or other information relevant to the contents of the protocol.

Title: Interim Quality Assurance and Quality Control Guidance for Analytical Testing Laboratories Performing Analyses of Finished Medical Marijuana Products and Marijuana-Infused Products in Massachusetts

The Protocol contains the following sections:

- 1.0 Introduction
- 2.0 Method Validation
- 3.0 Quality Control Sampling
- 4.0 Treatment of Out of Specification
- 5.0 Daily Balance Checks
- 6.0 Labeling Chemicals, Reagents, and Materials
- 7.0 Software Implementation
- 8.0 Reporting Results
- 9.0 Development of QAPP
- 10.0 References

1.0 Introduction

This document is intended to provide guidance to laboratories performing testing of finished medical marijuana (MMJ) products and marijuana-infused products (MIPs) for Massachusetts Registered Medical Marijuana Dispensaries (RMDs). The document is intended to provide guidance to laboratories performing testing of finished medical marijuana (MMJ) products and marijuana-infused products (MIPs) for Massachusetts Registered Medical Marijuana Dispensaries (RMDs). The document is intended to provide guidance to laboratories performing testing of finished medical marijuana (MMJ) products and marijuana-infused products (MIPs) for Massachusetts Registered Medical Marijuana Dispensaries (RMDs).

Title: Protocol for the Safe Preparation and Handling of Finished Medical Marijuana Products and Marijuana-Infused Products for Massachusetts Registered Medical Marijuana Dispensaries

The Protocol contains the following sections:

- 1.0 Purpose and Applicability
- 2.0 Definitions and Acronyms
- 3.0 Applicable Regulations
- 4.0 Worker Sanitation
- 5.0 Workplace and Equipment Sanitation
- 6.0 Production Processes
- 7.0 Product Packaging, Labeling, Storage, and Transportation
- 8.0 References

1. Purpose and Applicability

1.1 Purpose

The purpose of this Protocol is to provide Massachusetts Registered Medical Marijuana Dispensaries (RMDs) with required and recommended best practices for the safe preparation and handling of finished medical marijuana (MMJ) products and marijuana-infused products (MIPs) to avoid common foodborne illness caused by pathogenic bacteria and fungus, chemicals, or potential allergens. This Protocol supports compliance with Massachusetts regulation 805 CMR 125.000, implementation of an Act for the Humanitarian Medical Use of Marijuana, and in particular with the provisions listed in Section 3.

This protocol is subject to revision based on evolving best practices, updated scientific information or standards/guidelines, or other information relevant to the contents of the protocol.

1.2 Applicability and Scope

This protocol applies only to Massachusetts RMD operations that prepare, handle and/or sell finished MMJ products and MIPs. This protocol addresses all MMJ products and MIPs, including all edible and non-edible products. MMJ products that are not edible could still pose a patient health risk due to the presence of microbes or allergens introduced by improper preparation, handling, or storage of the components of the MMJ product or MIP or its ingredients. This protocol focuses on the safety and preparation required for successful preparation and production of MMJ products and/or MIPs under Massachusetts requirements.

This protocol is not intended to apply to:

- Hardship cultivation registration
- Cultivation operations
- Sampling and analysis of environmental media

2017 APHL™ ANNUAL MEETING

and eleventh government environmental laboratory conference

Taking Root: Cannabis Public Health and Safety

Marc A. Nascarella, PhD

Massachusetts Department of Public Health



Medical Marijuana Product Testing at DPH

Standardized Laboratory Reporting

- Accurate laboratory records across all laboratories using a universally accepted ISO format
- Development of standardized tools for patients and providers

A. REPORT HEADING					
LAB NAME		REPORT DATE		LAB SAMPLE ID	
B. RND INFO		C. SAMPLE IDENTIFICATION		D. PICTURE OF SAMPLE	
RND NAME		RND SAMPLE ID			
RND ADDRESS		BATCH ID			
MANUFACTURER NAME		PARENT BATCH ID			
DATE RECEIVED					

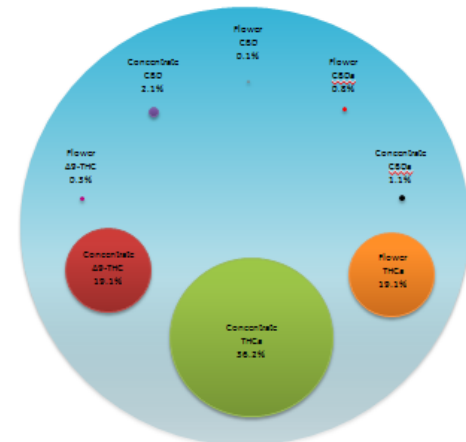
[illegible]

TABLE 1. CANNABINOID PROFILE		Analytical Method		Analysis Date:	
Lab Sample ID: <u> </u> Analysis: <u> </u>				Analysis	
Qualitative Summary of Analysis					
Test ID	Analyte	Concentration units: Test	Test ^a weight mg: mg/mL	LOQ mg/mL	LOQ mg/g
	Δ9-THC			0.01	0.15
-	THC				
-	CBD				
-	CBG				
-	cis-Δ8				
-	cis-Δ9				
-	cis-Δ10				
-	cis-Δ11				
-	cis-Δ12				
-	cis-Δ13				
-	cis-Δ14				
-	cis-Δ15				
-	cis-Δ16				
-	cis-Δ17				
-	THC-THC				
-	THC-CBD				
-	THC:CBG Ratio				

TABLE 3. HEAVY METALS ANALYSIS					Analysis Date:			
Lab Sample ID: <i>contd. & respage</i>		Analytical Method:			Analyst:			
Narrative Summary of Analysis								
Test ID	Analyte	Concentration <i>(units) (units)</i>	LOD <i>(units) (units)</i>	LOQ <i>(units) (units)</i>	Limits - All Use <i>(units) (units)</i>	Test	Limits - Injection Only <i>(units) (units)</i>	Test
	As	200	PASS/FAIL	200	PASS/FAIL		500	PASS/FAIL
	Cr	100	PASS/FAIL	100	PASS/FAIL		1000	PASS/FAIL
	Hg	200	PASS/FAIL	200	PASS/FAIL		1000	PASS/FAIL
	Pb	200	PASS/FAIL	200	PASS/FAIL		1000	PASS/FAIL

Product Safety and Quality Surveillance

- National leader in evaluating contaminants and cannabinoids
- Comprehensive marijuana product evaluation



Standards for Potential Contaminants

- No established standards for hydrocarbons used in marijuana concentrate extractions
- DPH developed upper limit residual solvent standards for evaluating levels of contaminants
- Based on risk assessment of daily food consumption, daily oil consumption estimates, and an estimate of fried food intake





2017 APHL[®] ANNUAL MEETING

and eleventh government environmental laboratory conference

June 11–14, 2017
Providence, RI
Rhode Island Convention Center

Design Considerations for the Reporting of Laboratory Analyses of Cannabinoids and Contaminants in Marijuana Products to Public Health Regulatory Agencies

Logan T. Bailey, Rachel E. Wilson, and Marc A. Nascarella*

Environmental Toxicology Program, Bureau of Environmental Health, Massachusetts Department of Public Health

*Corresponding Author: marc.nascarella@state.ma.us

ABSTRACT

Medical marijuana products that are sold in Massachusetts are required to be tested for contaminants and cannabinoid content by private analytical testing laboratories. The laboratory records from these private analytical testing laboratories are submitted to the Massachusetts Department of Public Health (DPH) and evaluated for a determination of compliance with health-based standards. A standardized reporting tool was developed by DPH to integrate the information from the laboratory client (Registered Marijuana Dispensaries) and the analytical testing laboratories. This standardized reporting tool ensures the creation of a laboratory record that meets international quality standards (ISO 17025), in a manner that is timely, accurate, and understood by all stakeholders. The standardization of a laboratory reporting tool across laboratories allows for the rapid assembly of large amounts of data, facilitating a capability to track and analyze trends in the characterization of medical marijuana products. The reporting tool was developed to consider linkages to enterprise systems such as Laboratory Information Management Systems as well as compliance-based software for tracking marijuana distribution in the state.

INTRODUCTION

- DPH receives approximately 300 laboratory reports per month from private testing laboratories. An individual report will describe 50 different elements that are used by an analyst interpreting a paper lab report, and hand-entered into an online database.
- This labor-intensive process identified a number of key trends:

RESULTS

The Standardized Reporting Tool Covers Four Types of Information:

Sample Identification (Boxes A thru C): General information on the analytical laboratory and the ID#, providing the sample. Provides identification information that facilitates linkage to inventory, product tracking, and chain-of-custody forms (Figure 1).

Product Characterization (Boxes D thru F): Data fields that provide descriptive characteristics about the sample, the product being sampled, and the production process. This information determines the specific regulatory requirements that apply to the sample, and allows for data comparisons between different product types, production methods, and consumption pathways (Figure 1).

Laboratory Interpretation and Authorization (Box H): Laboratory authorization and certification information for the laboratory record, as well as a determination on whether the product tested may, or may not be dispensed (Figure 1).

Analyst Results (Boxes G, I thru P): Results

Figure 1. Mockup of Standardized Reporting Tool (Boxes A thru H)

DISCUSSION

Figure 4. Product Tracking Primer



Benefits of Standardized Reporting Tool

- Reporting tool ensures quality

Development of a Residual Solvent Standard for Propane, n-butane, or Iso-butane in Edible Medical Marijuana Products

Rachel E. Wilson, Andrea DiPerna, and Marc A. Nascarella*

Environmental Toxicology Program, Bureau of Environmental Health, Massachusetts Department of Public Health

*Corresponding Author: marc.nascarella@state.ma.us

ABSTRACT

In Massachusetts, medical marijuana products are evaluated for residual solvent contamination if a solvent has been used in the production of the retail product (i.e., in the extraction of oil from plant products). The product is tested by a private analytical chemistry laboratory and the measured levels of residual solvents are compared to the respective upper limit standards. As a regulatory framework, DPH adopted the upper limits established by the United States Pharmacopeia (USP Chapter <467>) and the International Conference on Harmonization (ICH, 2011). These USP Chapter <467> recommendations, however, do not describe a specific standard for the hydrocarbon gases: propane, n-butane, and isobutane. In the absence of USP guidance, DPH created an acceptable upper limit using an exposure assessment methodology. Briefly, when using this approach, DPH first evaluated the typical exposure to hydrocarbon gas residue in foods (e.g., propane, butane and isobutane) based on an assessment of daily food consumption patterns, daily oil consumption estimates, and an estimate of fried food intake. Based on conservative (health-protective) estimates of a level of typical hydrocarbon exposure in foods and a proposed maximum consumption of cannabis oil, DPH developed an exposure-based upper limit residual solvent standard for propane, n-butane, or isobutane or a high-purity (>99%) blend of these three hydrocarbon gases.

INTRODUCTION

RESULTS & DISCUSSION

- Approach A is based on a risk assessment approach, and uses the exposure assessment estimates in Table 1. These are based on both typical or average (AVG) exposures, as well as maximum (MAX) exposures for daily food consumption, daily cannabis oil consumption, and percentage of daily food fried intake.
- Approach A is shown in Table 2, featuring an efficient exposure assessment. Each scenario assumes a daily intake from either a "worst case" or an "actual" scenario (see consumption either the MAX or AVG food intake, either the MAX or AVG for percent of food fried consumption per day, and either the MAX or AVG daily dose of oil extracted from marijuana).

- Approach B is a probabilistic approach. Table 2, in this approach is based on an intake of 8,534 different food sources (Chemical and Group 2).
- These analyses suggest the residue (solvent) means ranging

Table 1. Approach A: Exposure Assumptions

Assumption	Average Value	Maximum Value	Units	Notes	Reference
Daily consumption of amounts of amounts of	0.10	0.05	g/day	100% water-soluble (100% g/L) typical marijuana (10% oil) oil	US EPA, 2011
Percent of food fried	0.01	0.01	percentage	Assumes 100% of food is fried	US EPA, 2011
Daily food consumption	0.05	0.05	g/day	Assumes 100% of food is fried	US EPA, 2011
Daily food consumption	0.05	0.05	g/day	Assumes 100% of food is fried	US EPA, 2011

Assumption	10% Value
Daily consumption of amounts of amounts of	0.01
Percent of food fried	0.01
Daily food consumption	0.01
Daily food consumption	0.01